

Streaming data for health: sensors, wearables, apps and all that

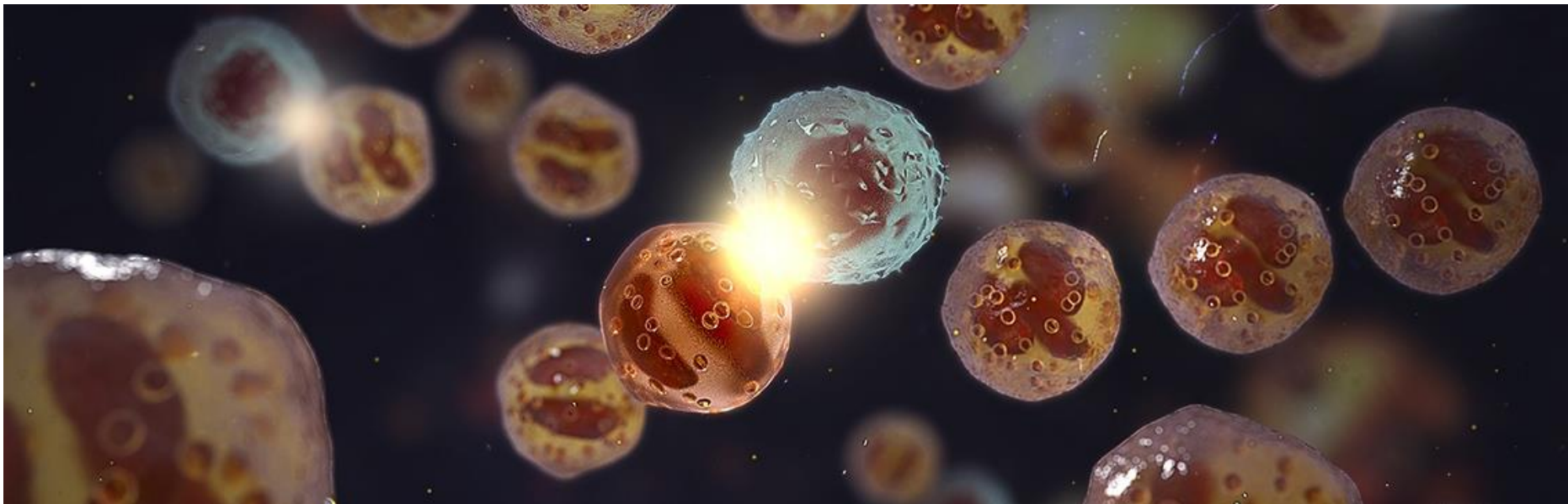
Dr Jim Weatherall

Head, Advanced Analytics Centre, AstraZeneca

Honorary Reader, Health eResearch Centre & School of Computer Science, University of Manchester

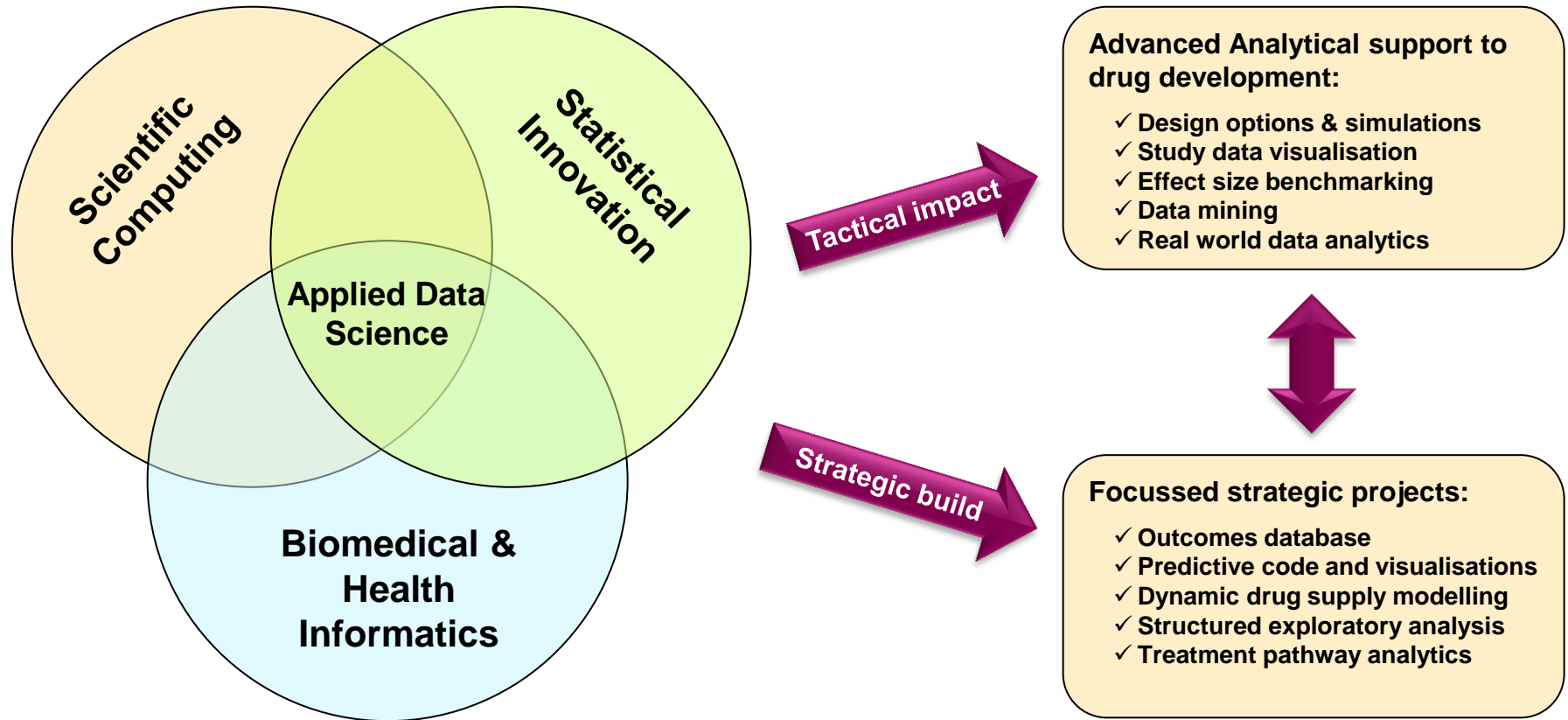
StatScale Launch Workshop, London

15th November 2016



The AZ Advanced Analytics Centre (AAC)

Transforming drug development decision making through applied data science



~30 clinical data scientists

Based in UK (Cambridge & Cheshire); Sweden (Gothenburg); US (Washington, DC)



Overview

- The emerging role of technology in clinical research
- Implications for statistics: clinical trials in the balance
- Case studies from personal experience
- Closing thoughts



Digitalization of clinical trials is coming...?

MUSIC

			
6-8 songs	30-40 songs	100-200 songs	Unlimited
VINYL	CASSETTE	CD	DIGITAL

CLINICAL TRIALS

			
DOCTOR	CLINICAL LAB	HOME TESTING	CONTINUOUS

NEWS

			
STONE	SILK	PAPER	DIGITAL

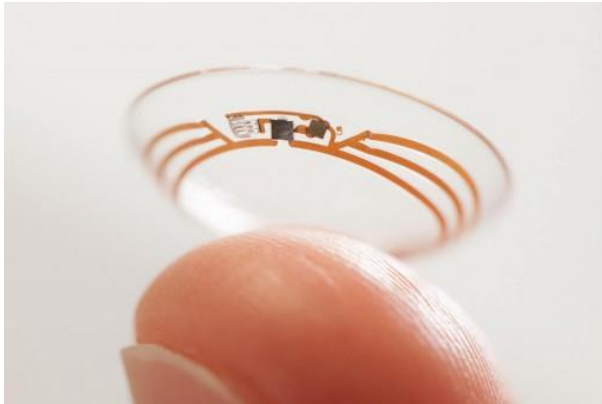


Will sensors be a pharmaceutical "game changer"?

Wicks, Hotopf, Narayan, Basch, Weatherall & Gray. (2016, under review). "It's a long shot, but it just might work! Perspectives on the future of medicine". *BMC Medicine*



Smart lens for diabetes (Novartis-Google)



Minimally invasive Technology. Fluid to seep into the sensor and be used to measure blood sugar levels. A wireless antenna, thinner than a human hair, will communicate information to an external device. Google engineers even considered adding LED lights that could warn the wearer for hypoglycemic events, but abandoned the idea.



Technology

ECG
Respiratory rate
Body Temp
Activity
Coughing



Medical grade ECG



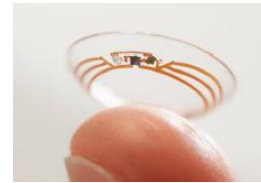
Glucose

GENTAG

Disposable IA system



3D movement
Fall detection
Respiratory rate
Heart rate



Glucose in tears

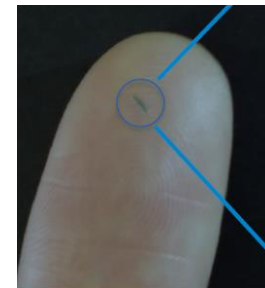


Metabolic array as
glucose, ketones, lactate,
uric acid, potassium and
sodium

Uric Acid



ECG
Respiratory rate
Activity



Tissue oxygen level
Glucose



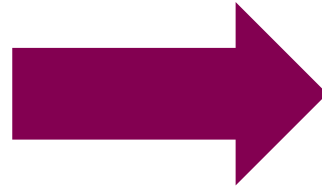
Heart Rate
Blood Pressure
Activity
Sleep pattern
Hydration level



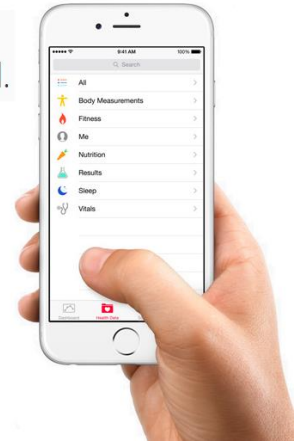
PEF
FEV1



The dawn of eHealth's "Citizen Science"



You're already carrying a powerful medical research tool.



Mount Sinai asthma trial: 3500 enrolled in 72 hours

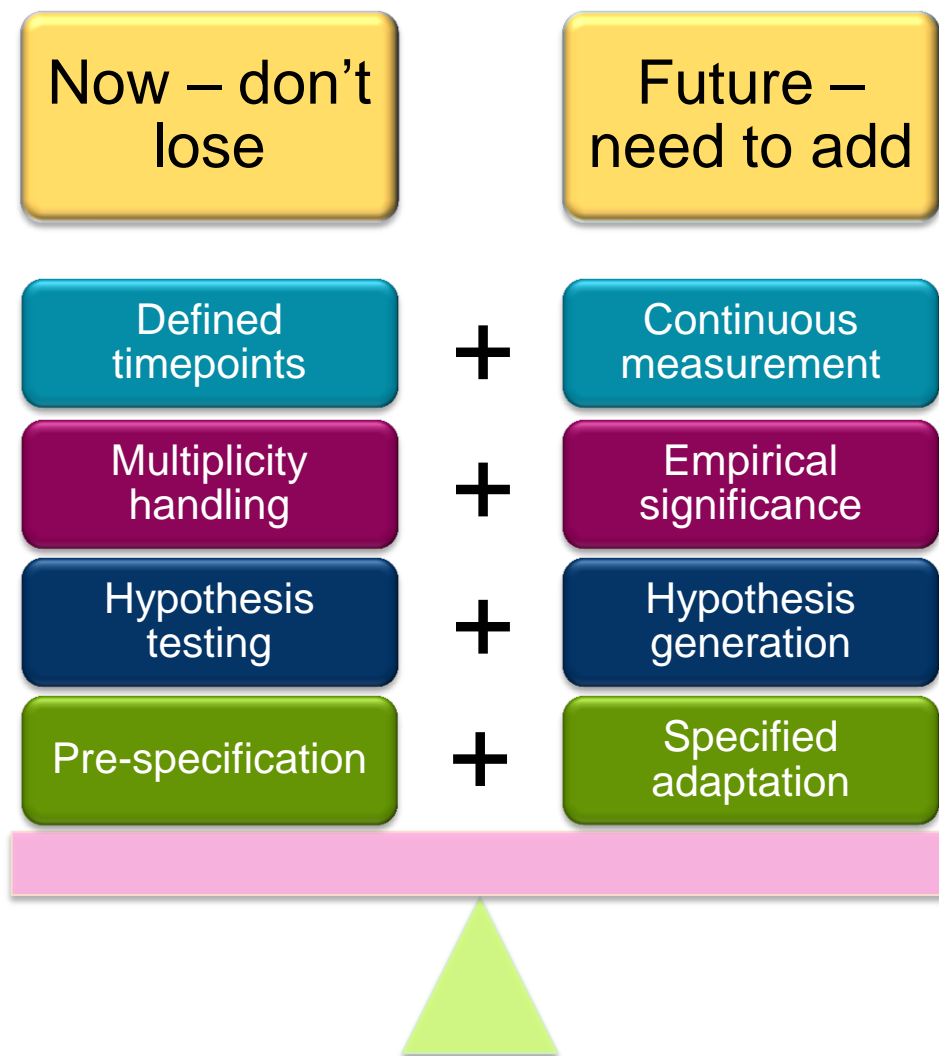


Speed 😊 ↔ Representativeness 😞



A vision: clinical trials now...and in the future

Striking the statistical balance



Case studies

Asthma

Diabetes



Asthma prevalence



25 million*



12 million*

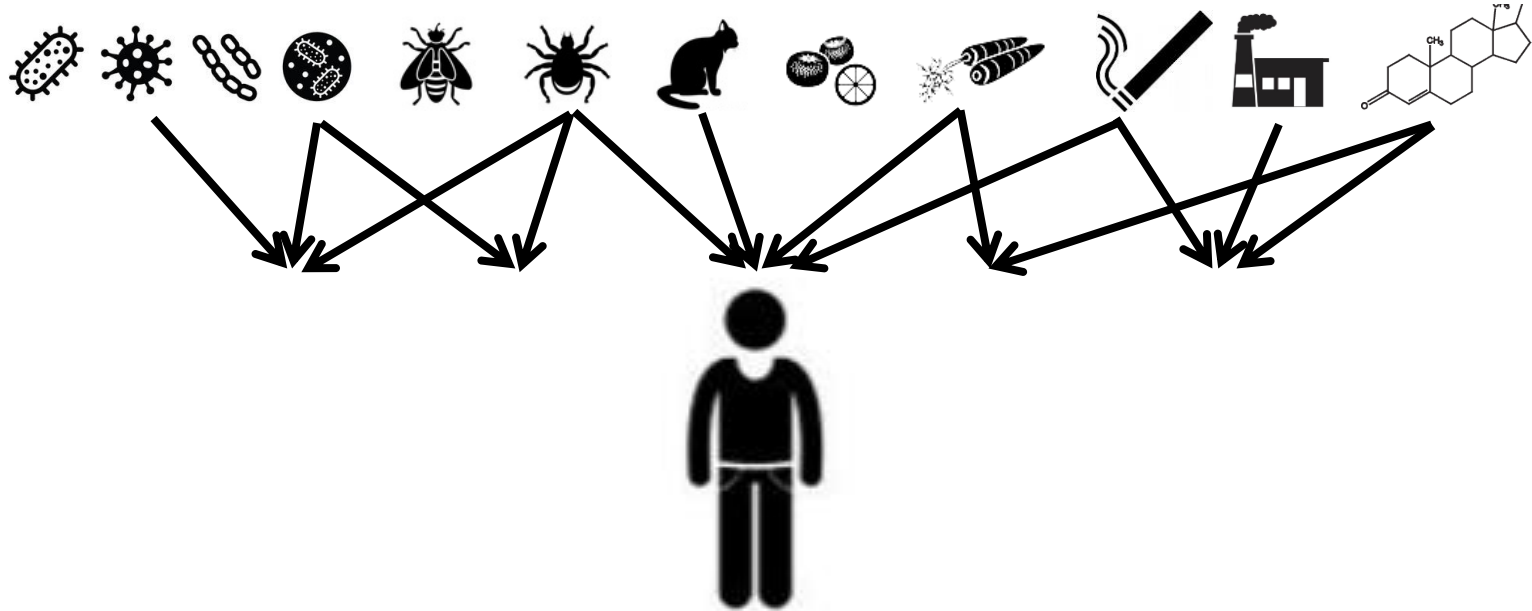


3500*

Asthma cost the US about **\$56 billion** in medical costs, lost school and work days, and early deaths in 2007*.

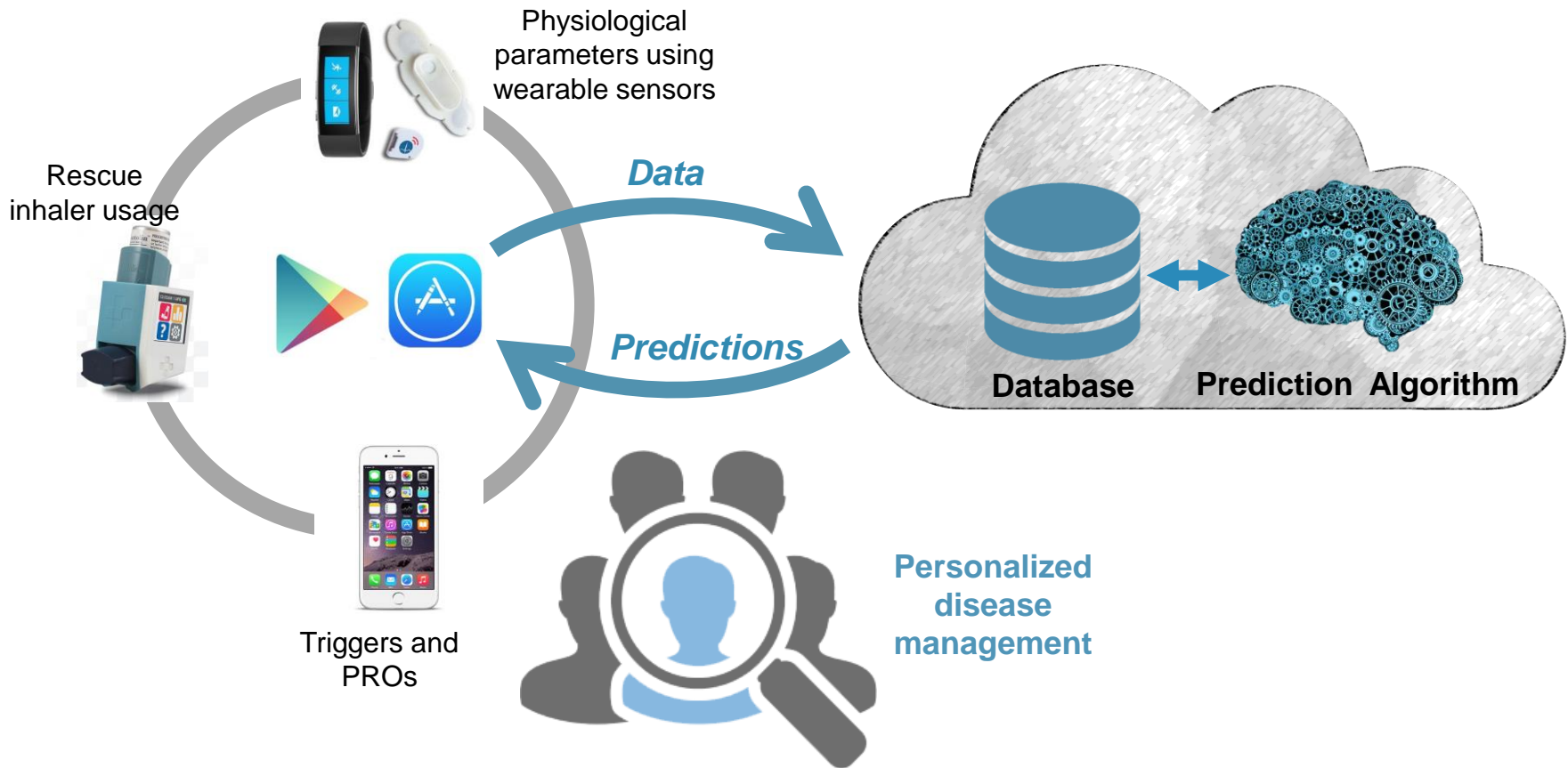
**Centers for Disease Control and Prevention*

Asthma triggers



Asthma originates from the complex interplay between individual's genetic and environmental factors

Case study: Monitoring the level of disease control in asthma patients



Salient features of the data and modeling

Rescue
Medication

Pollen
Count

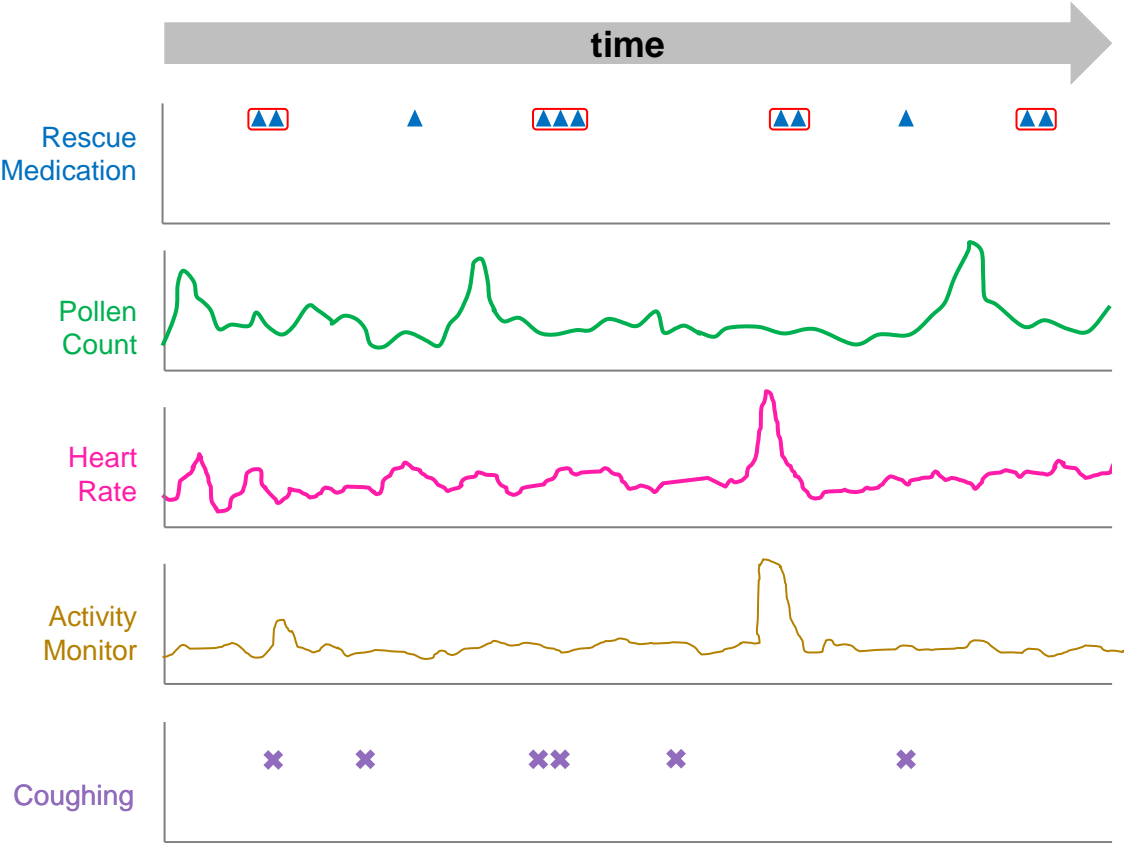
Heart
Rate

Activity
Monitor

Coughing



Salient features of the data and modeling

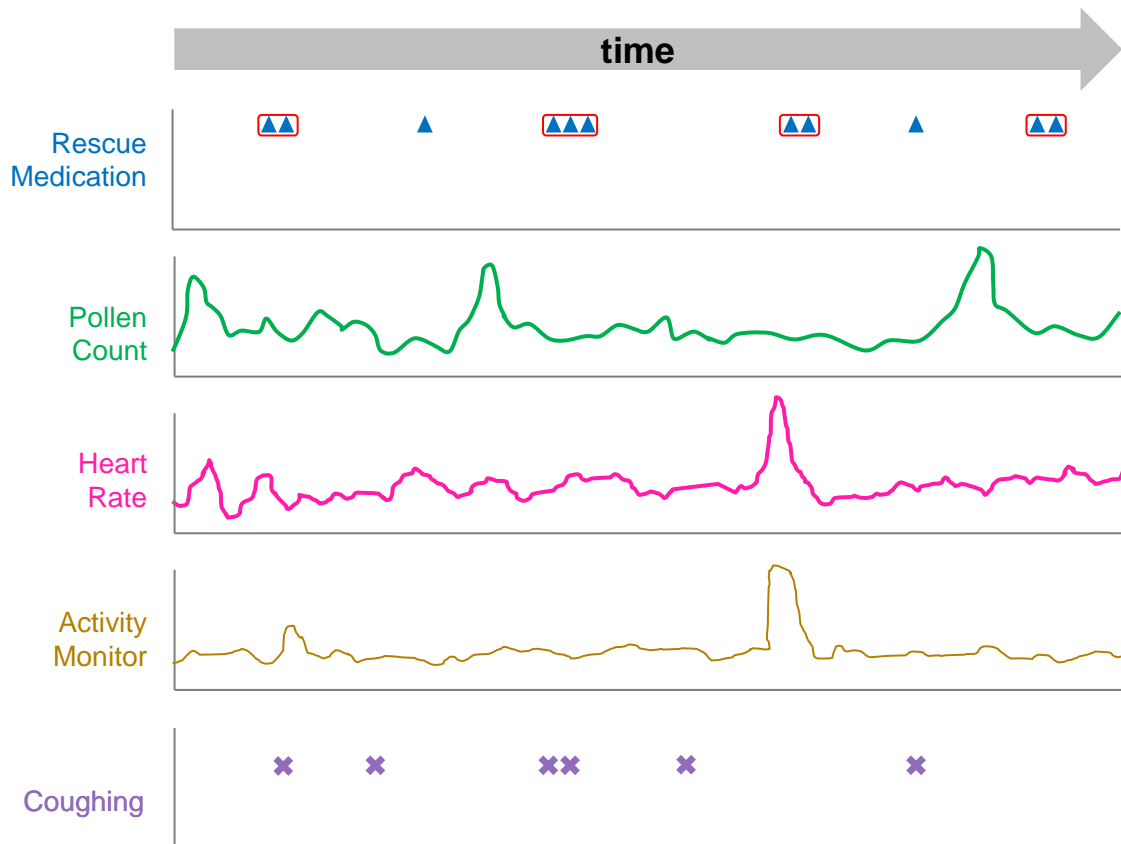


- Uncontrolled asthma

▲▲ Clinical definition of uncontrolled asthma:
Two or more consecutive inhaler puffs



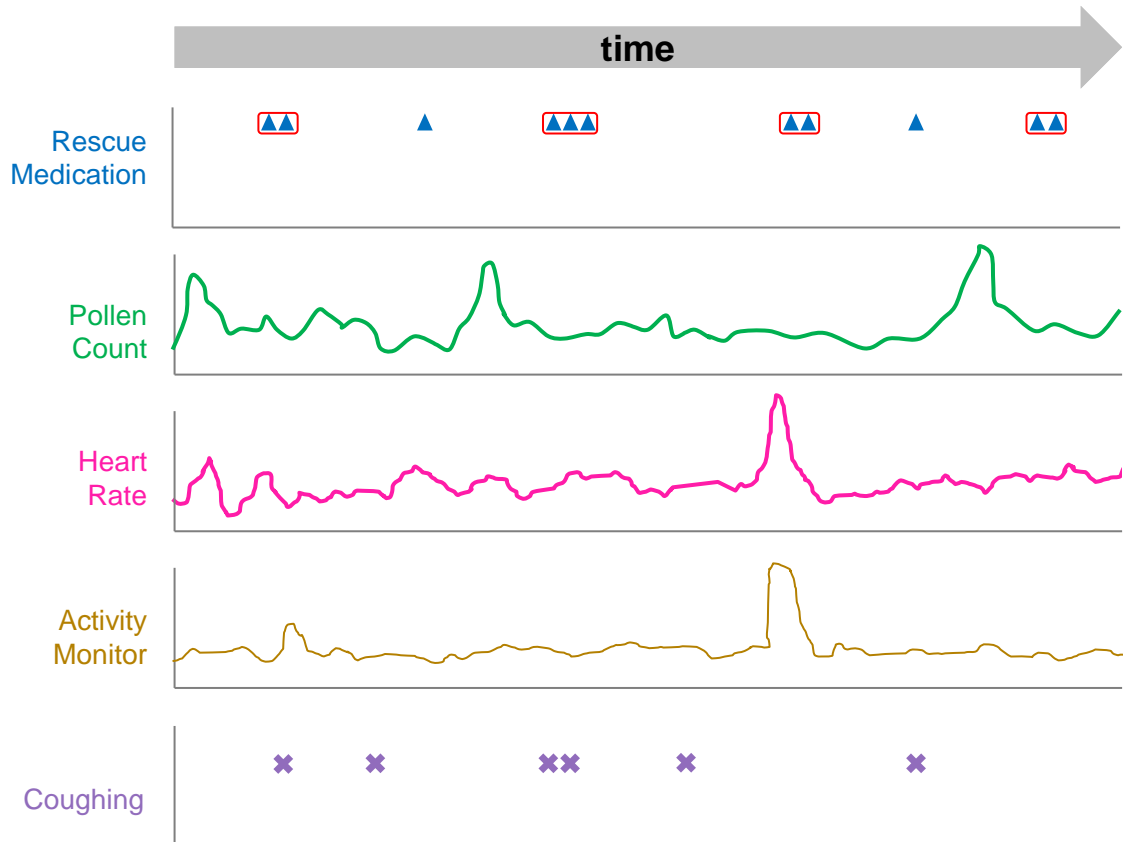
Salient features of the data and modeling



- Uncontrolled asthma
- Classification problem
- *Can we predict when/whether a patient is going to have uncontrolled asthma event?*
- *Which variables are the best personalized predictors (feature importance) of the event?*



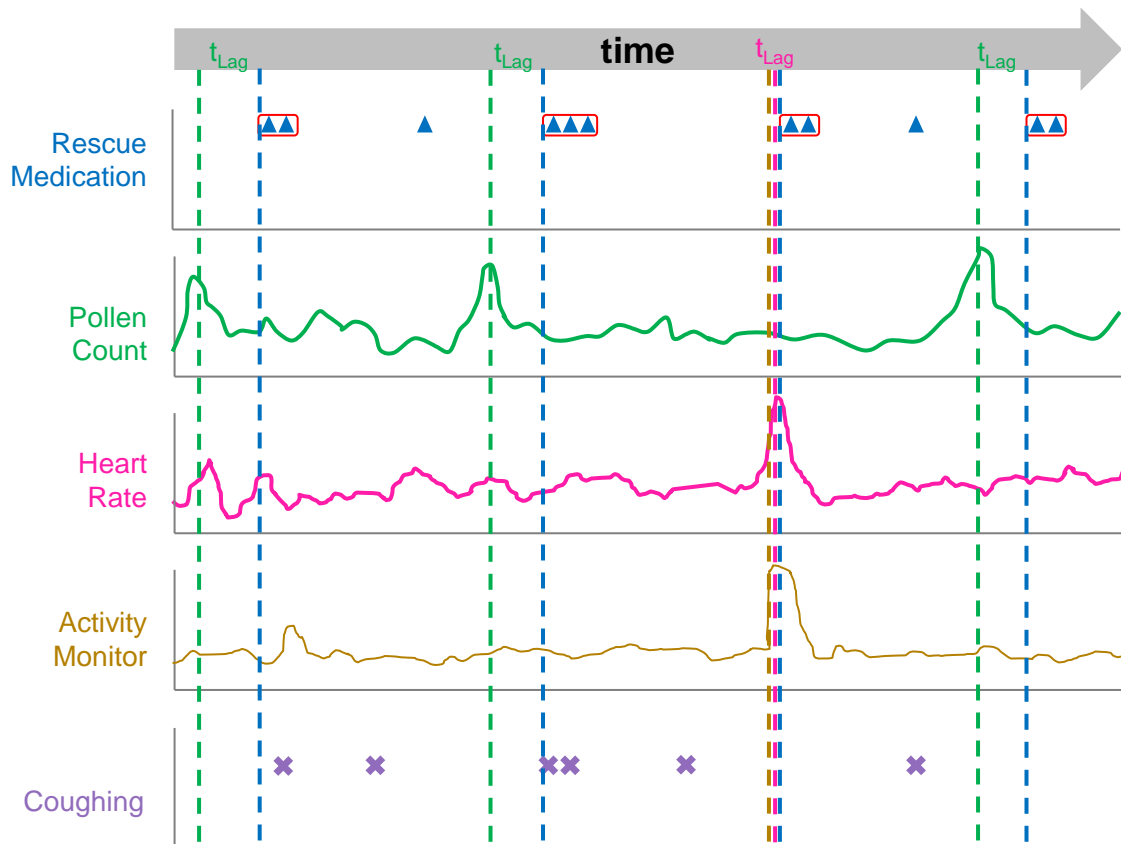
Salient features of the data and modeling



- Uncontrolled asthma
 - Classification problem
 - Dynamic model
 - *Predicted and predictor variables are time series*
- $$E = f(x_t^1, x_t^2, \dots, x_t^n, x_{t-1}^1, x_{t-1}^2, \dots, x_{t-1}^n, \dots, x_{t-m}^1, x_{t-m}^2, \dots, x_{t-m}^n)$$
- *For separation of training and test sets, dynamic aspect should be considered*



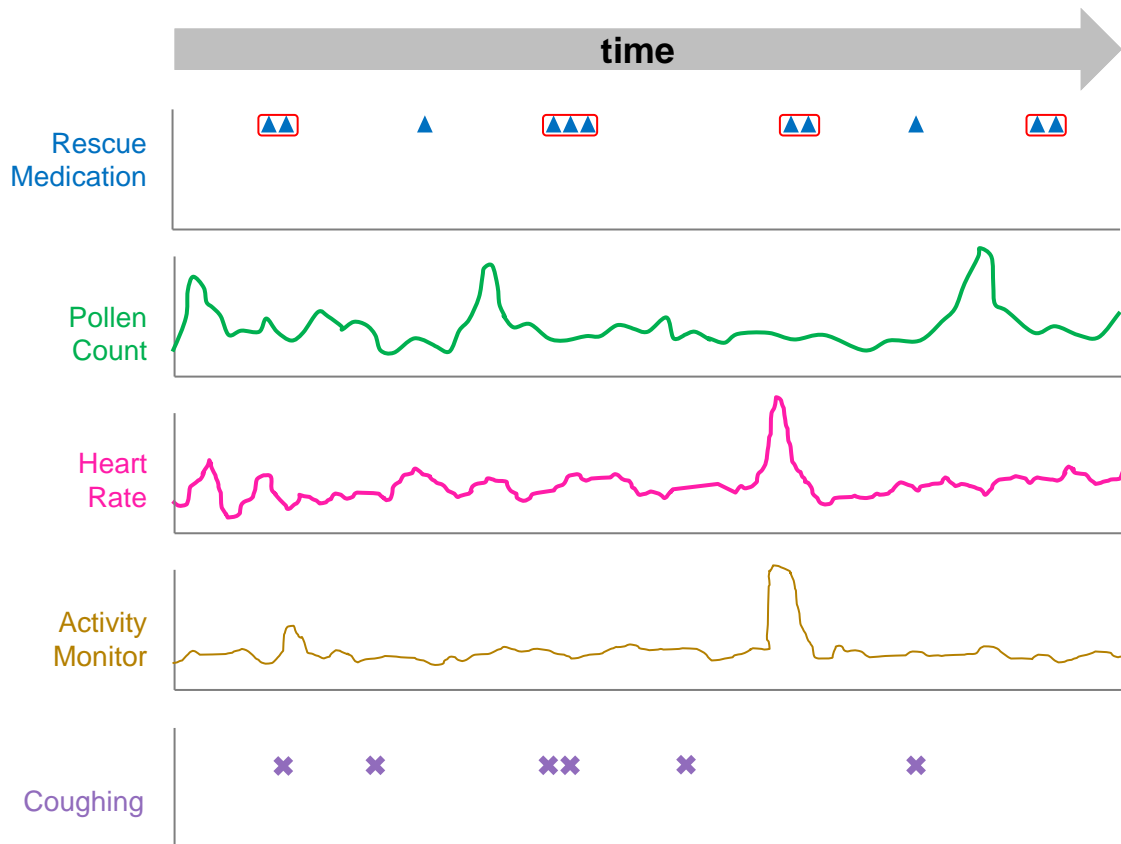
Salient features of the data and modeling



- Uncontrolled asthma
- Classification problem
- Dynamic model
- Variable time lag
- *Features might have different time lags (e.g., pollen count has greater time lag compared to Heart Rate)*
- *Time lags for different variables should be estimated before feeding the model*



Salient features of the data and modeling

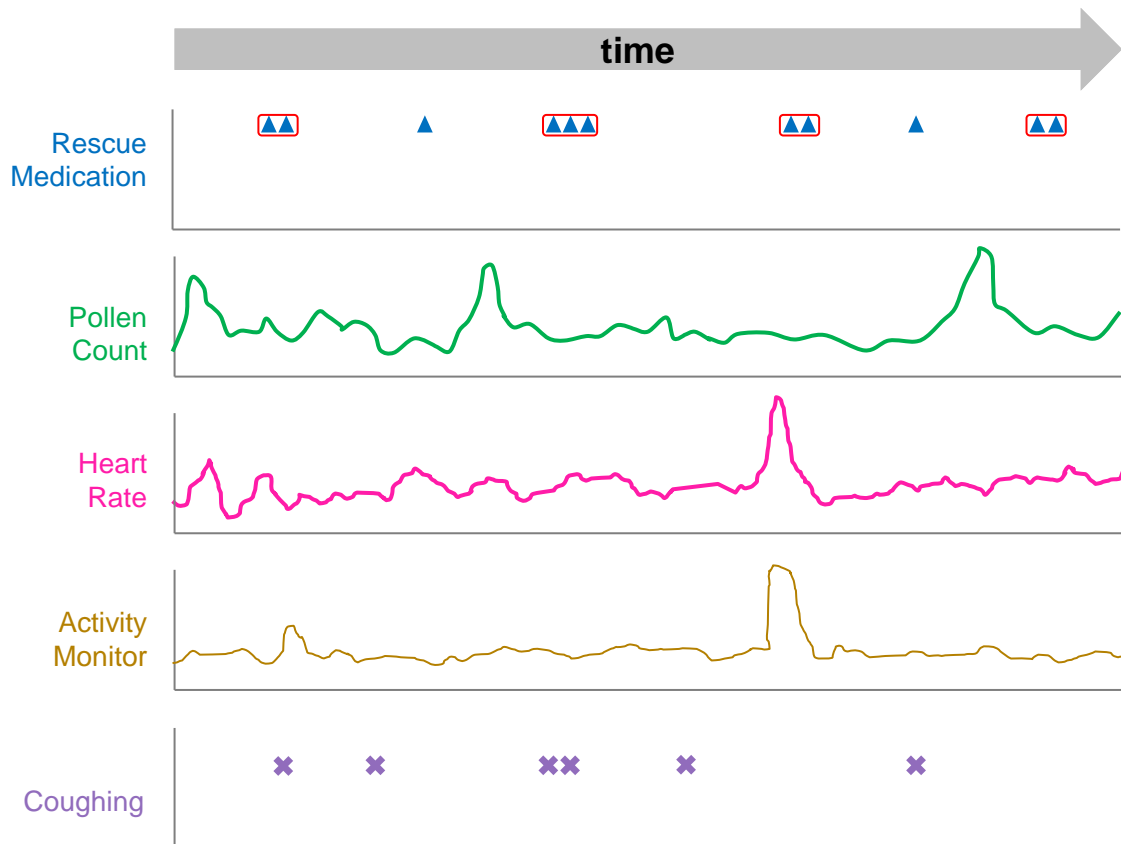


- Uncontrolled asthma
- Classification problem
- Dynamic model
- Variable time lag
- Patient specific model

As asthma triggers differ between patients, personalized models should be developed



Salient features of the data and modeling

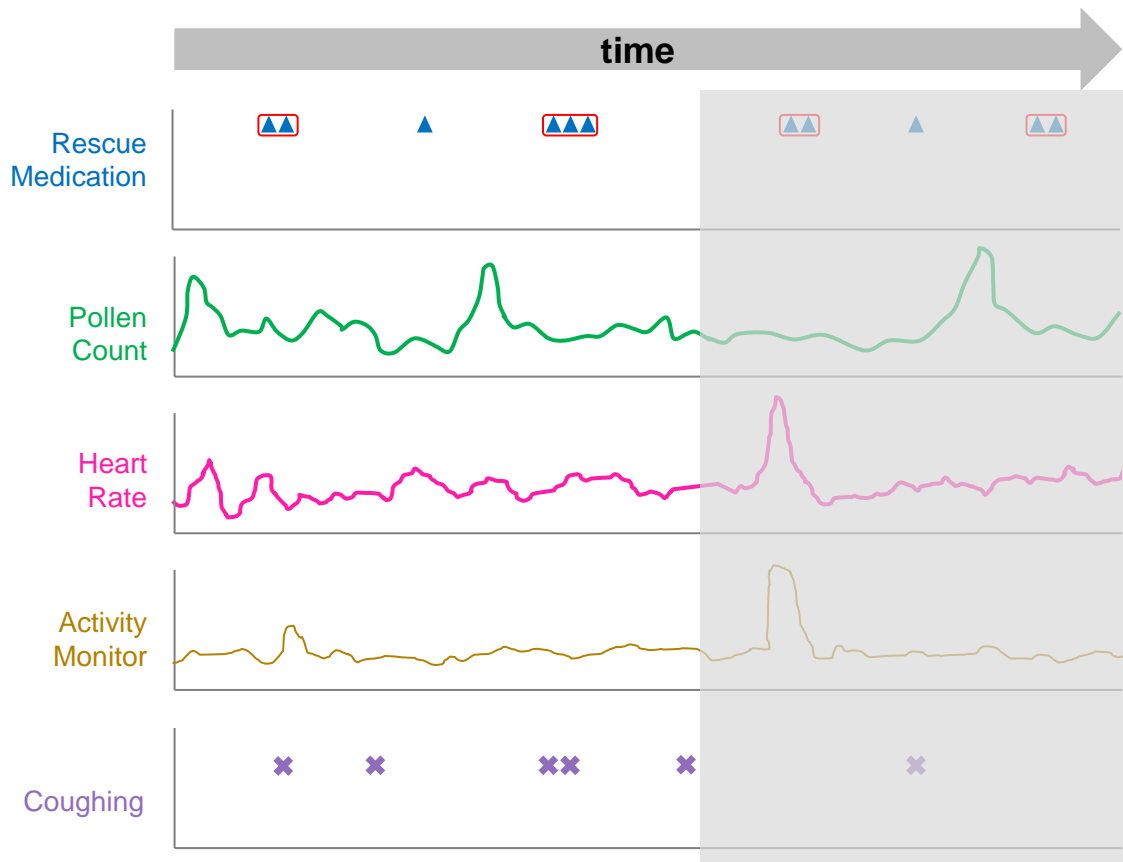


- Uncontrolled asthma
- Classification problem
- Dynamic model
- Variable time lag
- Patient specific model
- Heterogeneous features

Here Pollen Count, Heart Rate, and Activity Monitor measurements are continuous numbers, but Coughing is categorical.



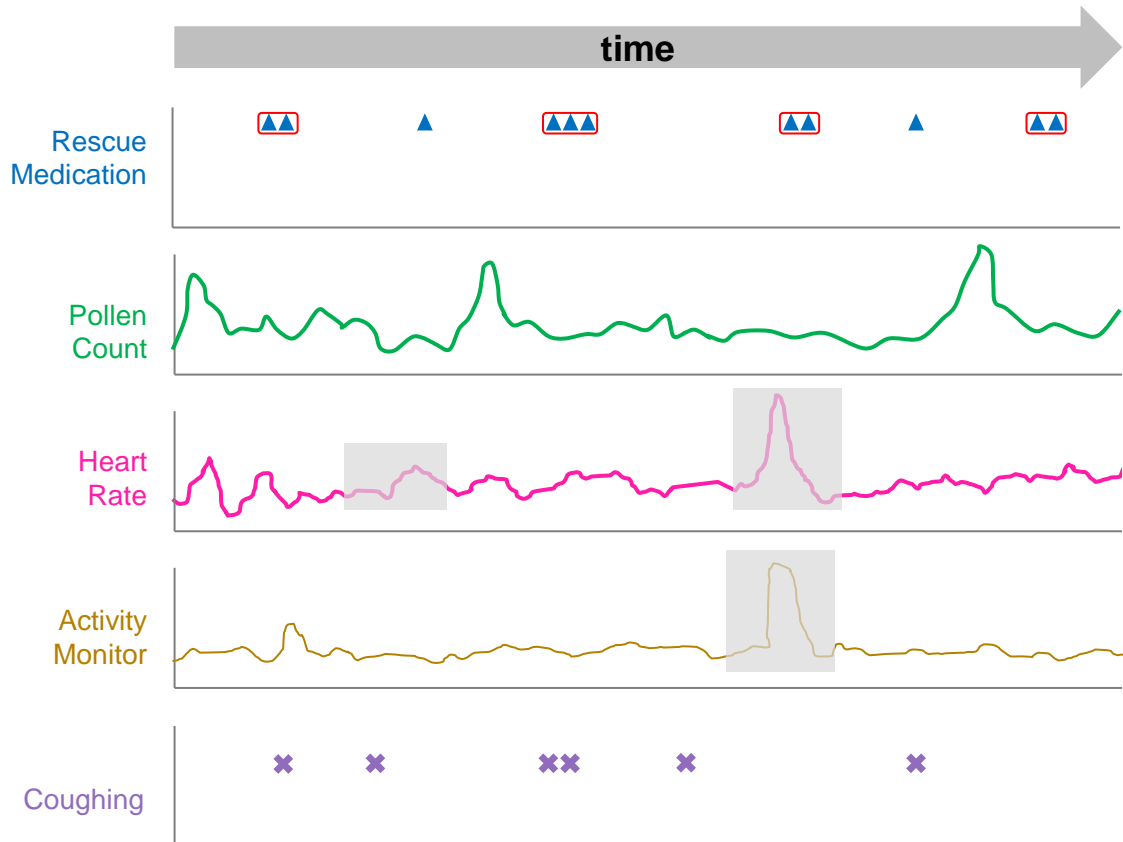
Missing data analysis: different scenarios



- Loss to follow up:
 - Use available data if feasible



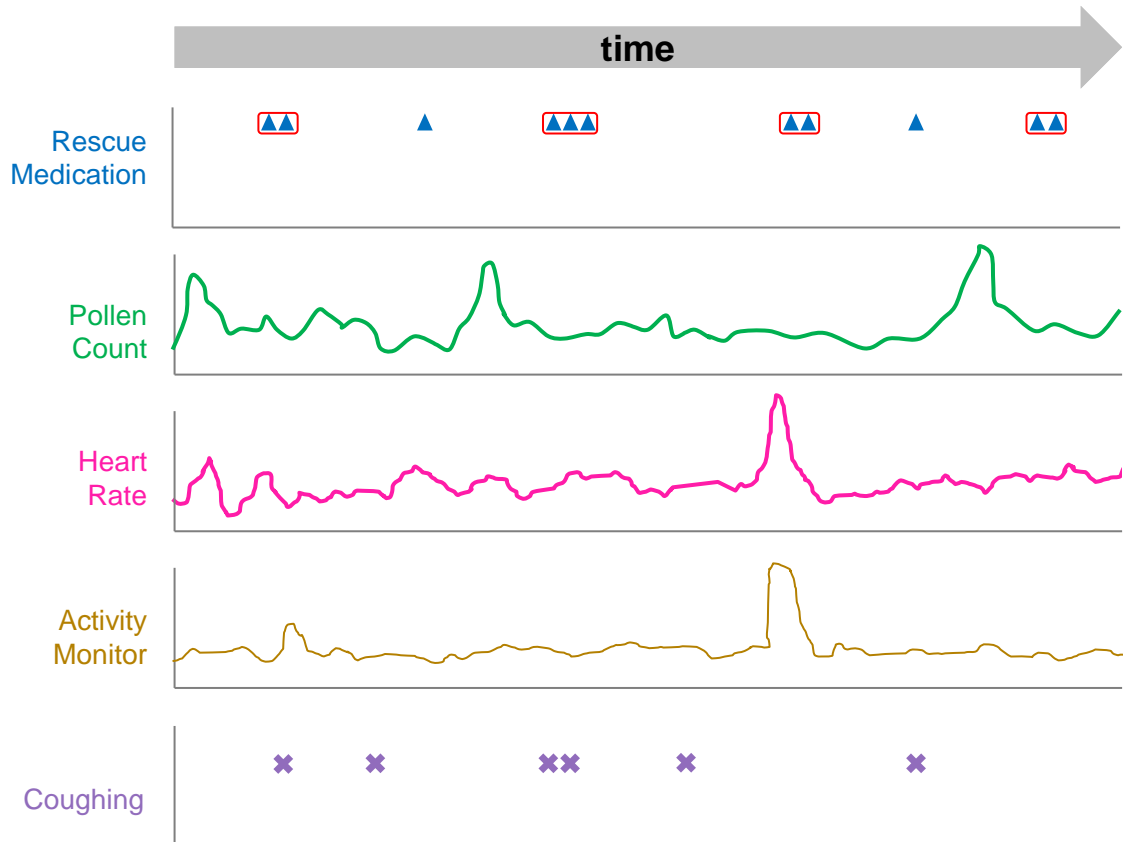
Missing data analysis: different scenarios



- Loss to follow up:
 - Use available data if feasible
- Partially missing measurements:
 - Define max allowable missing data
 - Patient specific median
 - k-nearest neighbor
 - Last value carried forward
 - Potential erroneous imputation



Sanity check and transformation of data



- Data sanity checks:

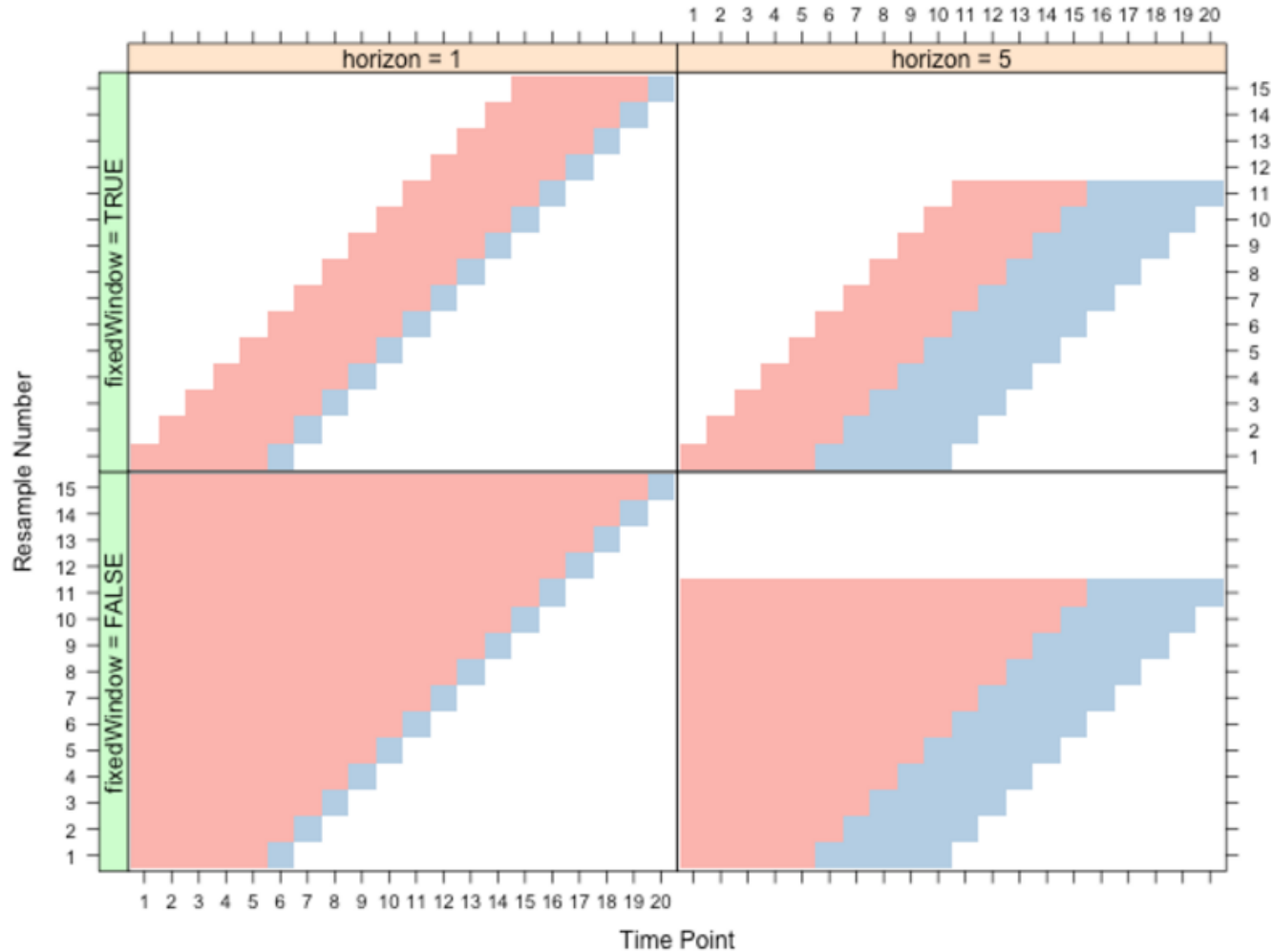
- Within feasible range
- Constant value
- Null value

- Data transformations

- Consistent unit of measurement
- Correct time scale
- Include new features (temperature difference)
- Incorporate composite features

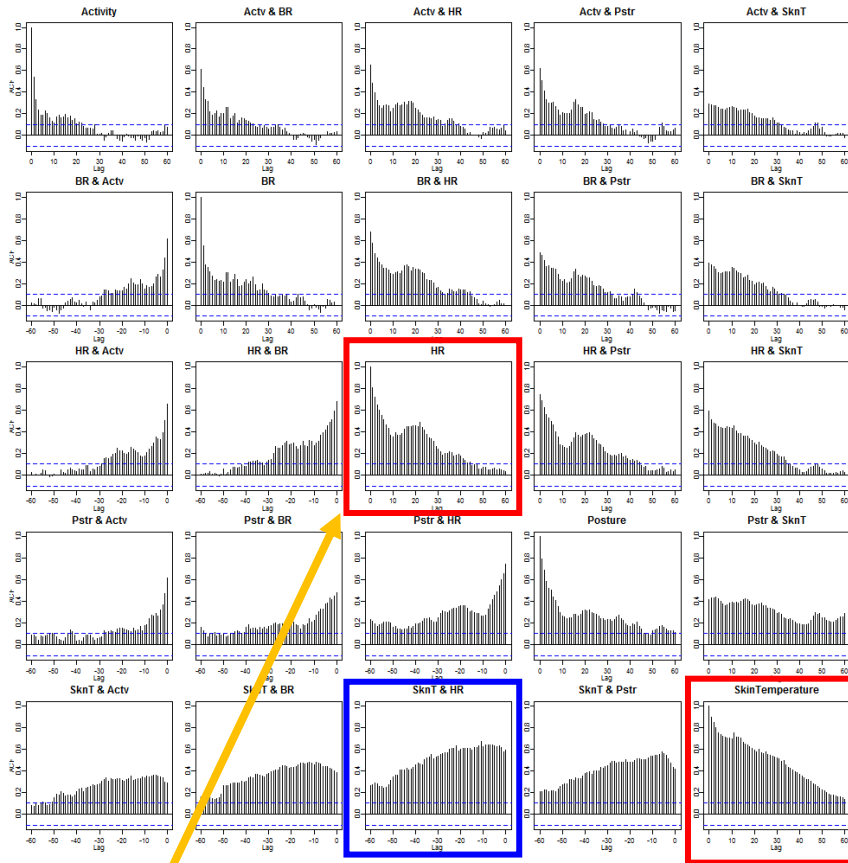


Splitting time series data for training and test set



Comparing measurements: correlation and auto-correlation

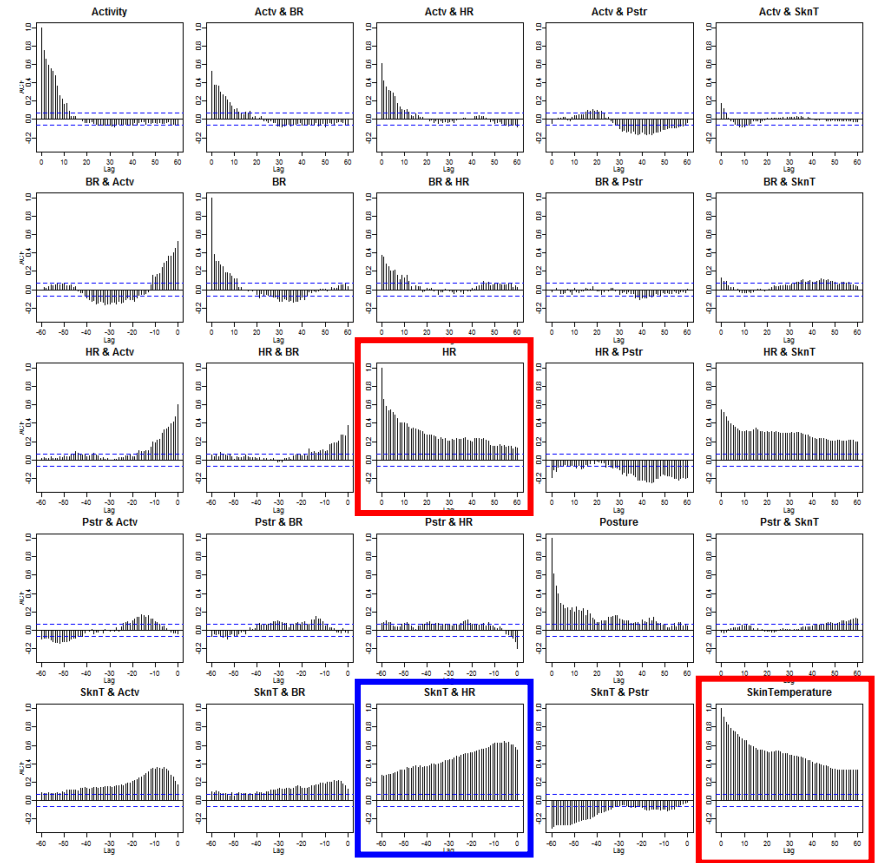
BioPatch_UserID 13_27 June 2016



Heart rate

Skin temperature

BioPatch_UserID 15_29 June 2016



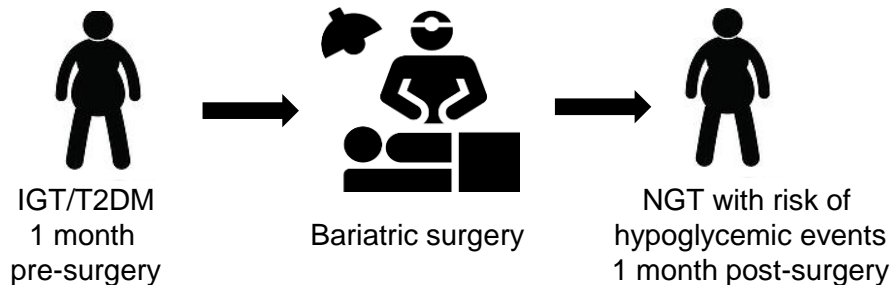


Smart mobile technology for near real-time data collection

Case study: Continuous glucose monitoring in bariatric surgery patients with dysregulated glucose metabolism – The COLUMBO study

The Trial

Non-interventional study of patients undergoing bariatric surgery

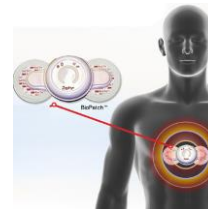


Intended Learnings

- Increased understanding of glycemic regulation in bariatric surgery patients
- How to conduct the trial operationally
- How to ensure patient privacy
- Ways to analyze continuous biomarkers

Continuous data collection

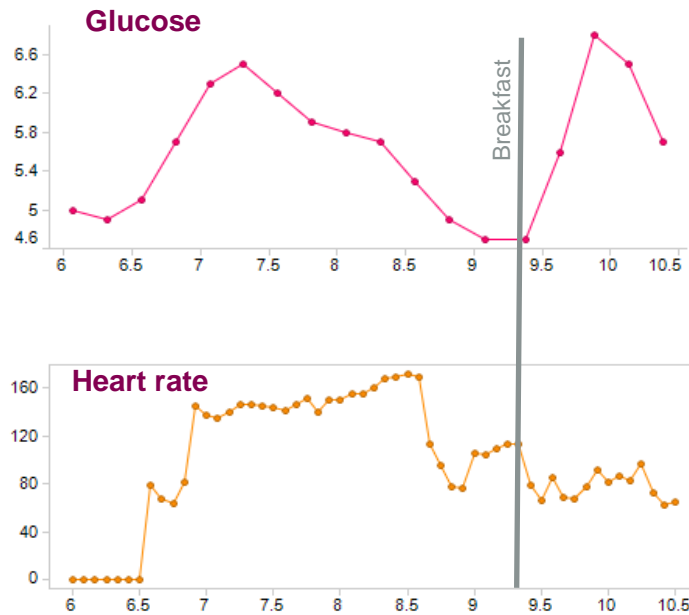
1. Plasma glucose
2. Heart rate
3. Activity
4. Sleeping pattern
5. Food intake



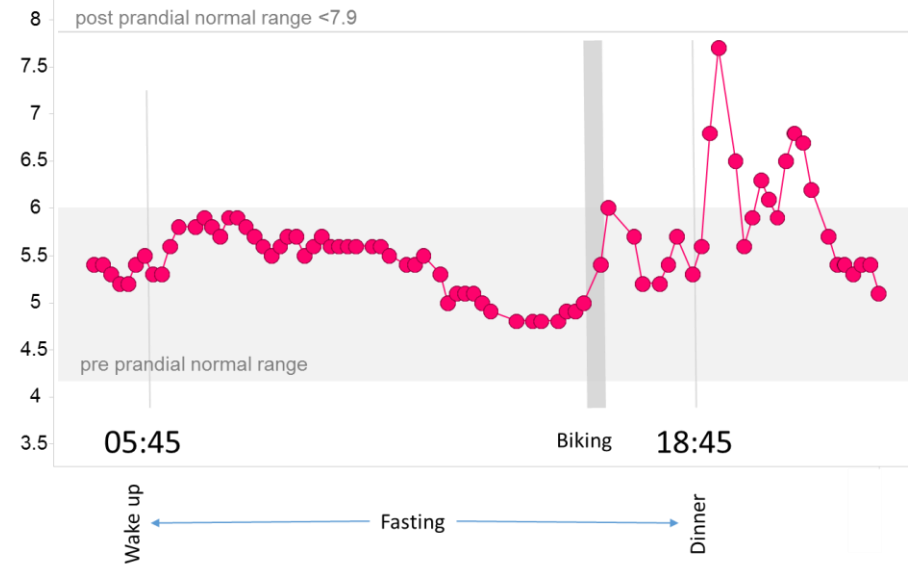
Two live sensor examples generating new insights

Physical exercise generate glucose peaks of the same magnitude as food intake

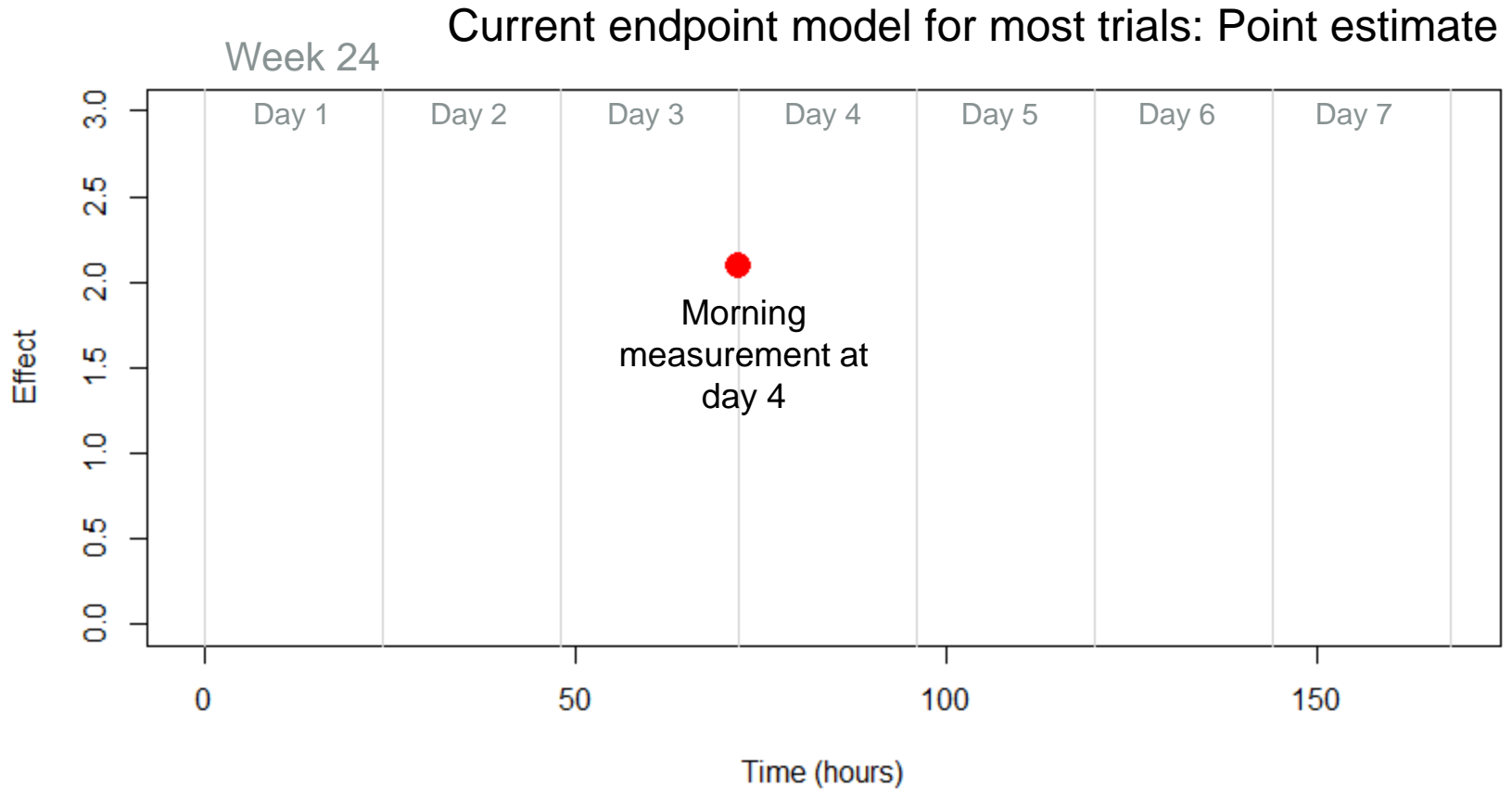
Two-hour morning run before breakfast



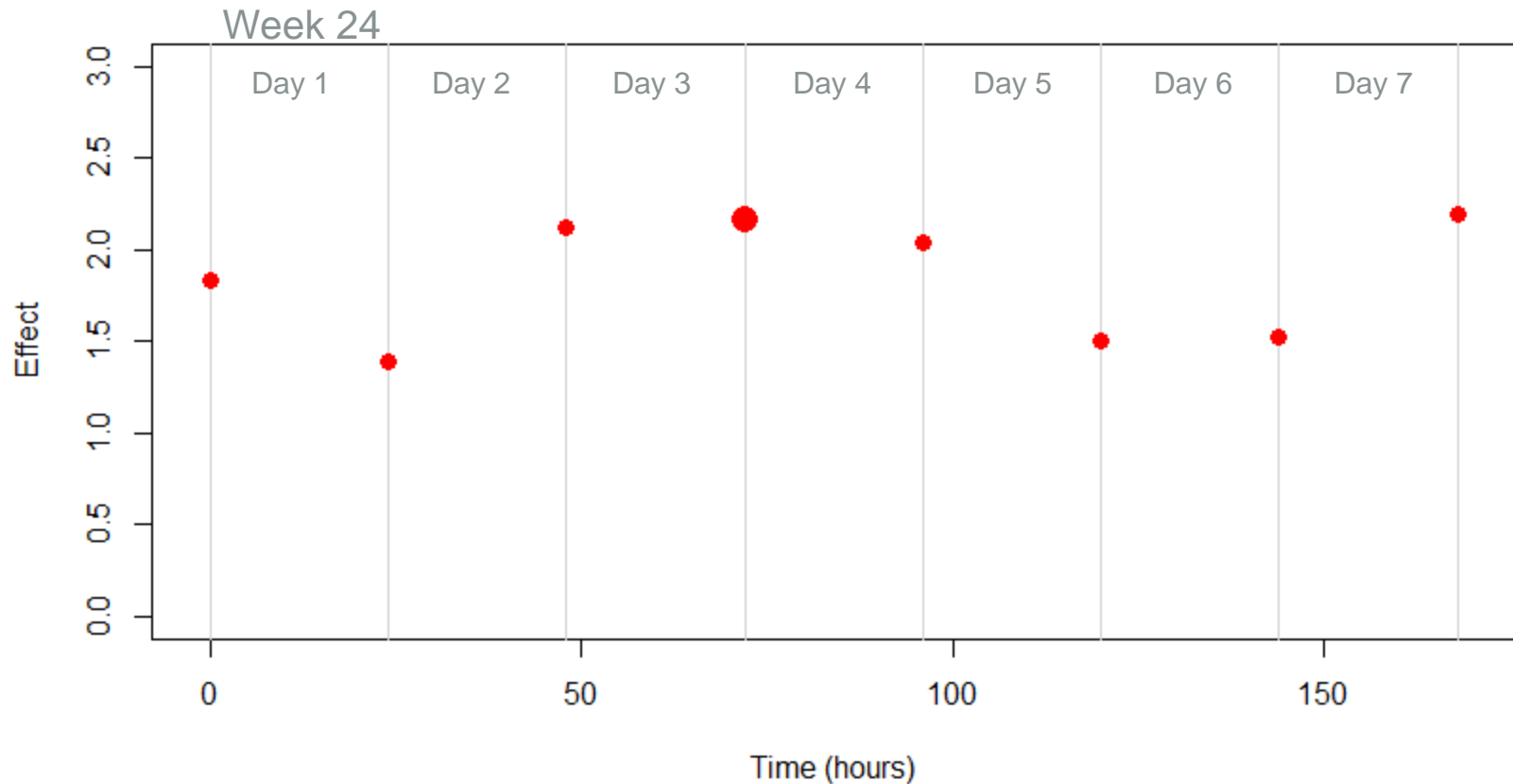
Almost all day fasting



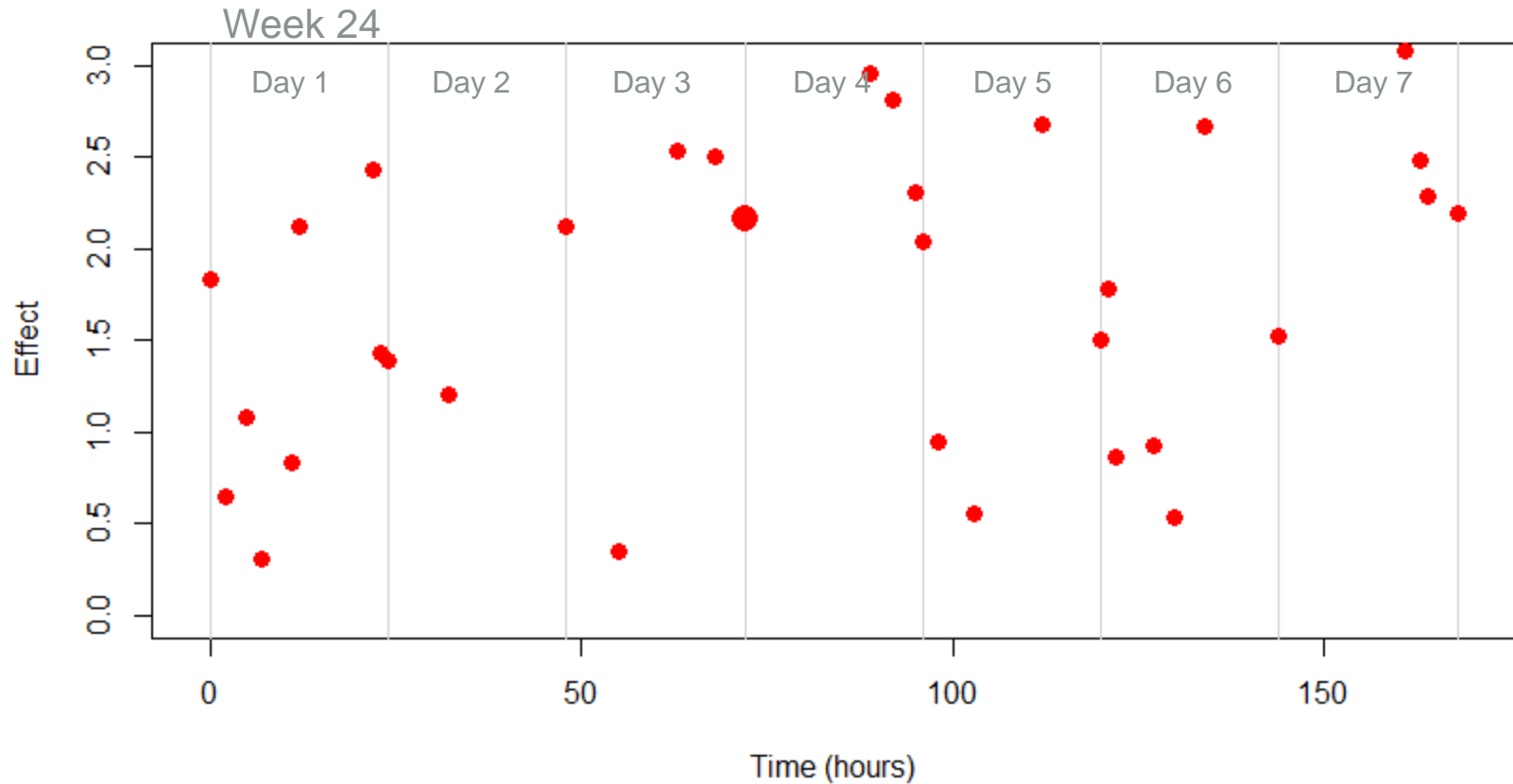
Example of sensor data benefit (simulated):



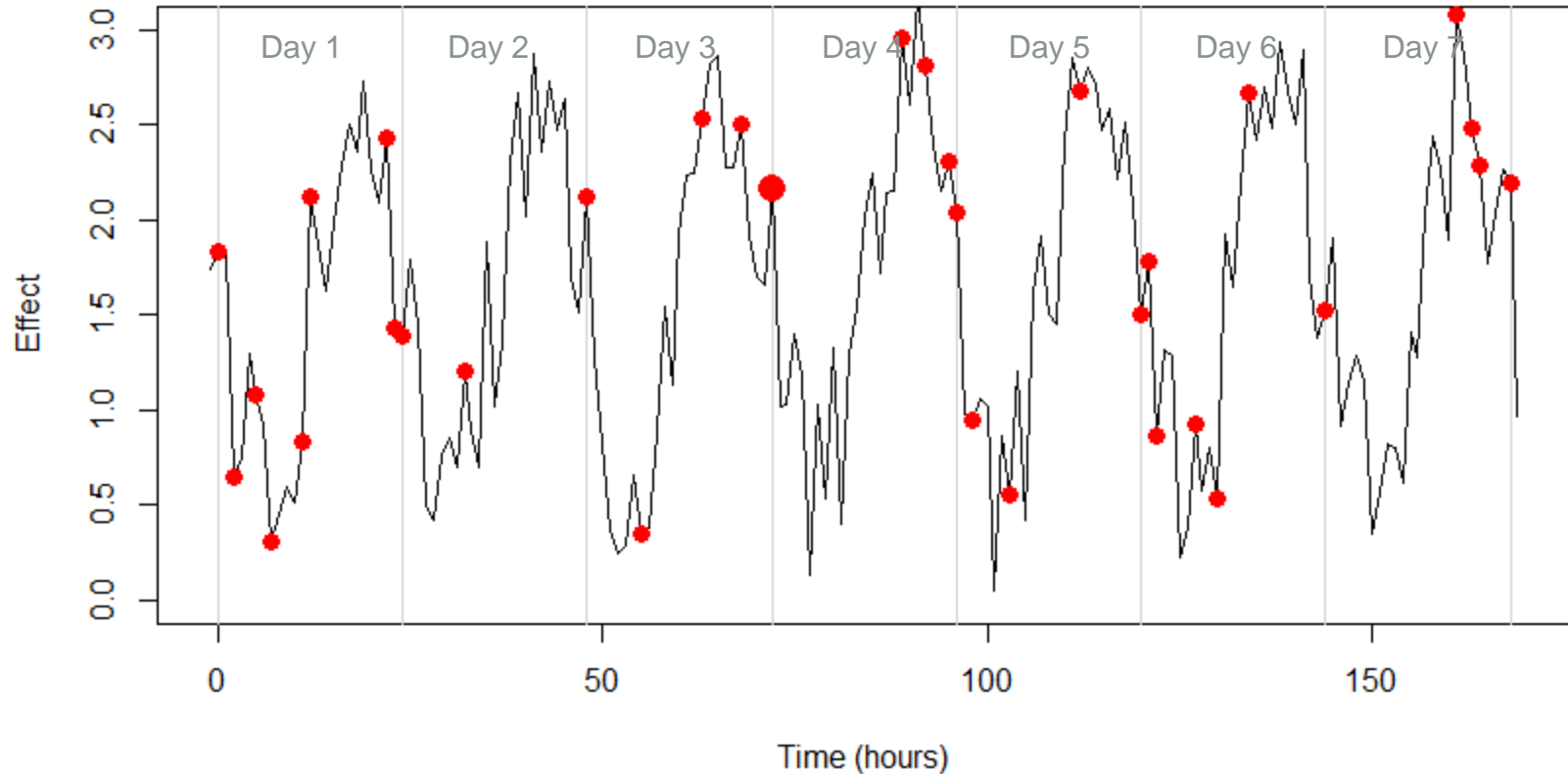
But, there is an inter-day variability



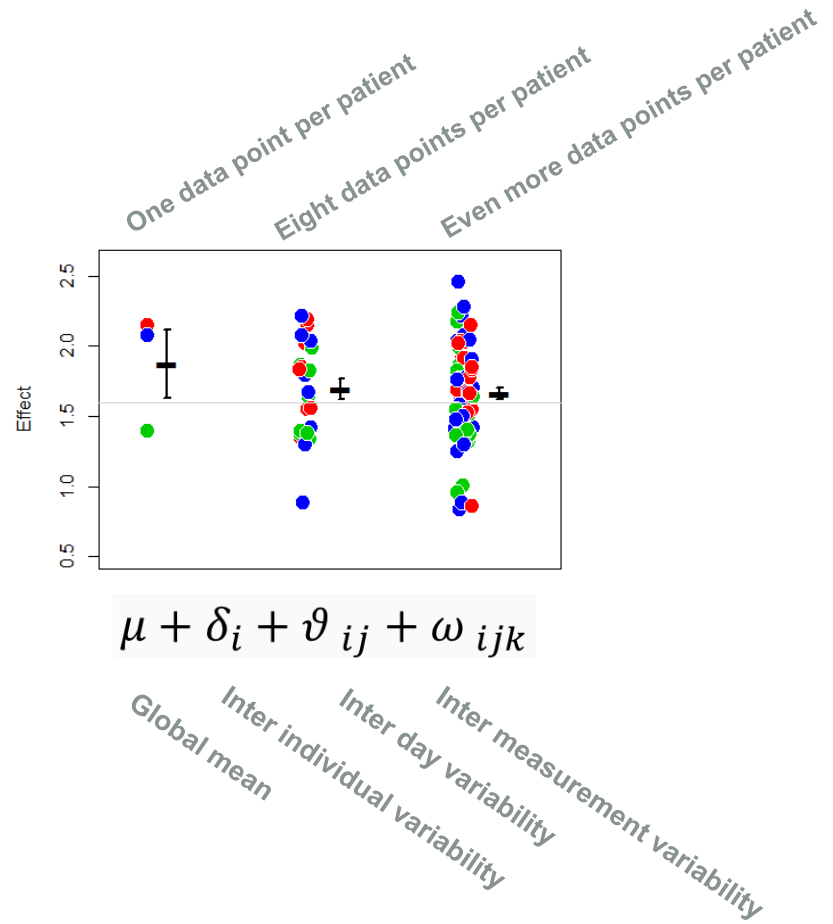
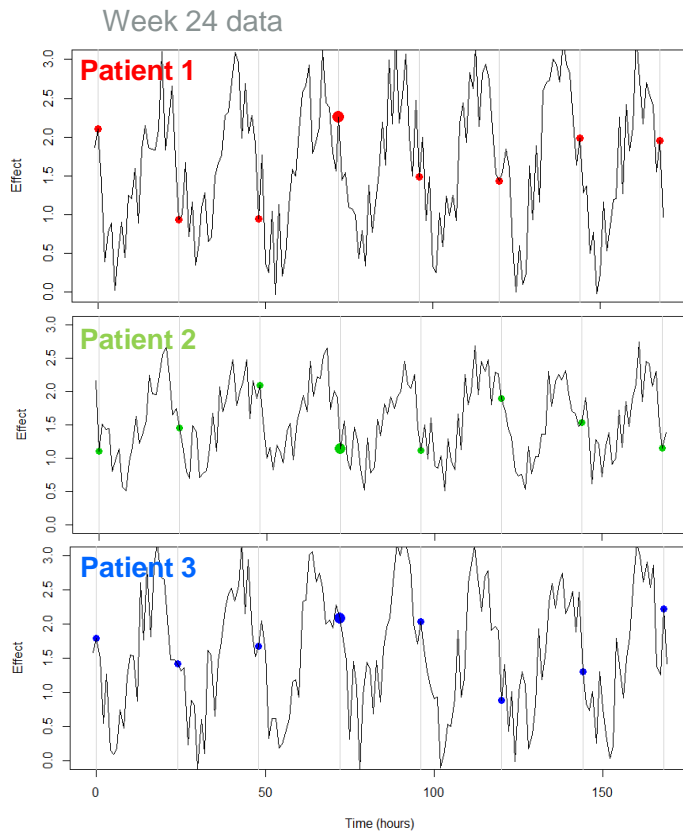
And, there is an inter-measurement variability



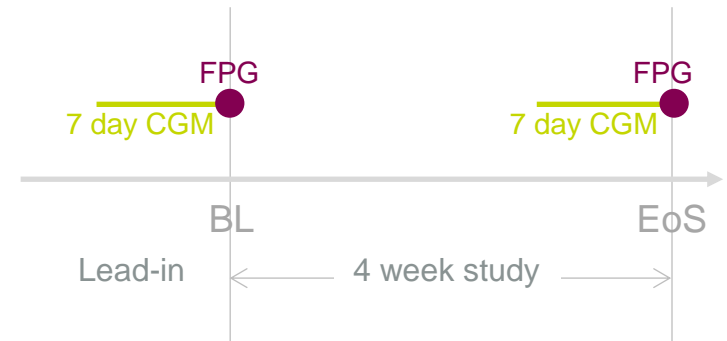
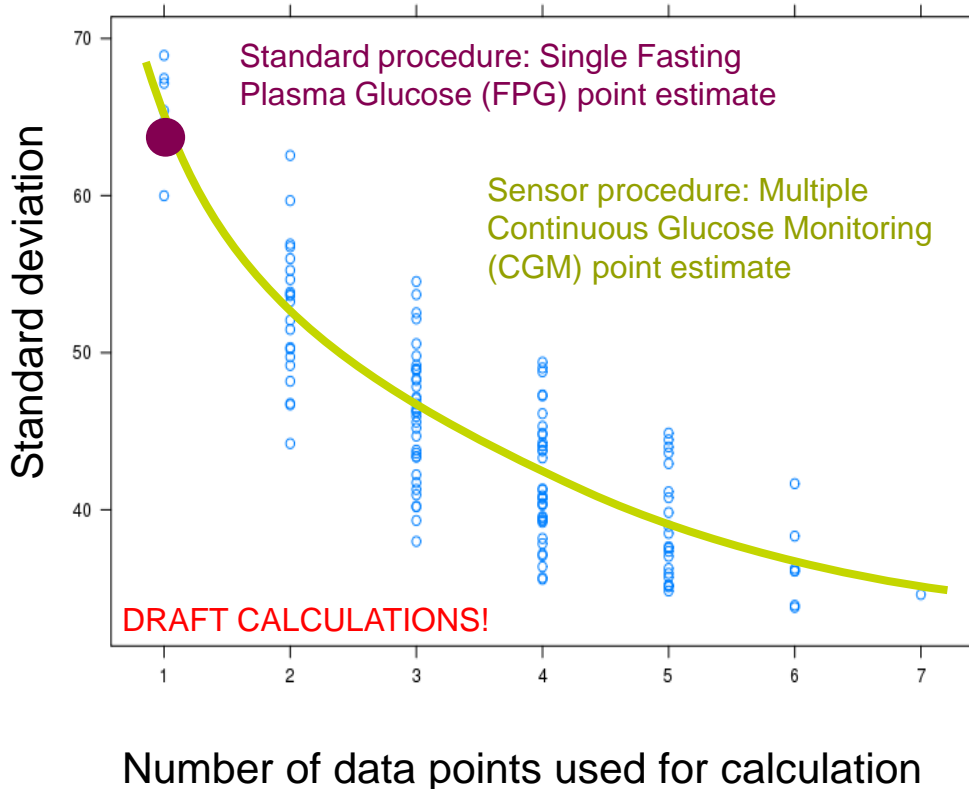
More data points enables modeling approaches and disease understanding



In essence: Better precision with more data



Multiple sensor values decrease variance, resulting in smaller clinical trial sample size

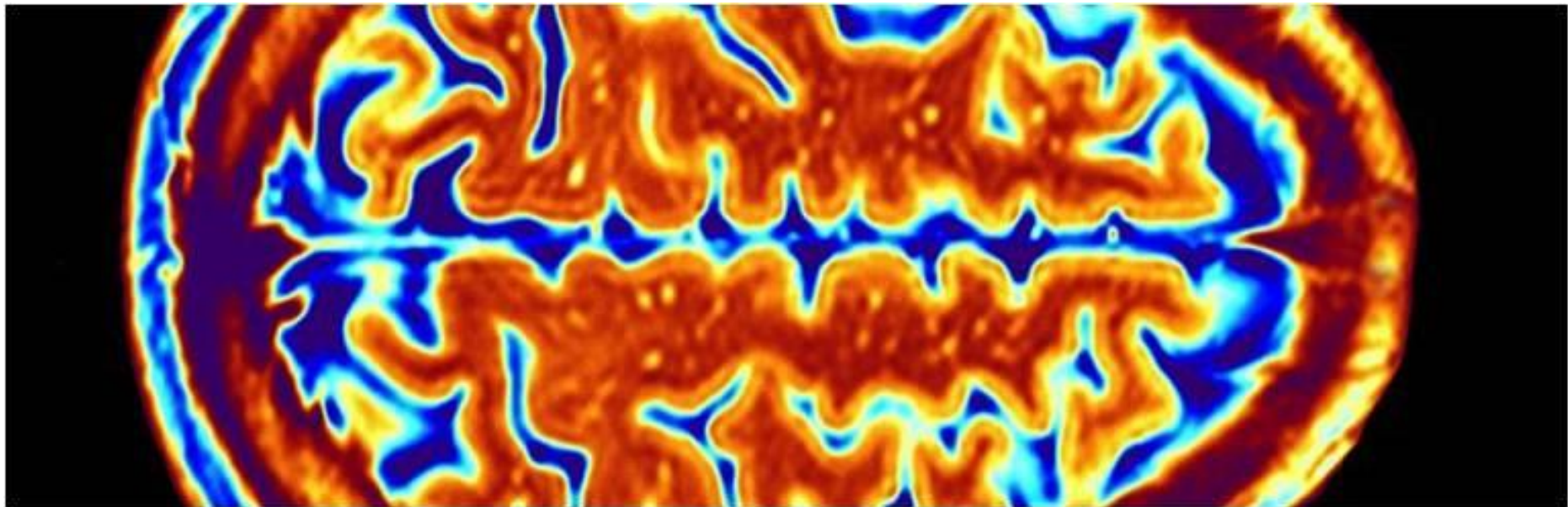


Data used in this example is taken from an internal CGM study using Dexcom devices. To resemble the fasting state in the FPG measurements, the CGM values at 04:00 were used

Thanks to Jesper Havsol and Fredrik Öhrn



Closing thoughts



Streaming data in health

A grab bag of challenges

The wisdom of the crowd

Missingness –
how to handle?

Trade-off between
piloting and trialling

Heterogeneity

Latent class
inference

Changepoint
detection

Decision analytics –
how much is enough?

What is the purpose
of statistics here?

Seasonality

What are we
really measuring?

Closed feedback
loops

Is dirtiness a
virtue?

Correlations &
'proxyness'

Predictive analytics
and test sets

Time lag



Making sense of big data...key challenges

1

Contextualisation



2

Intelligent aggregation



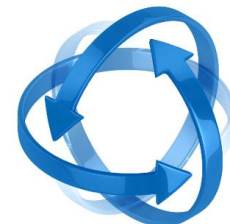
3

Applicability



4

Agility



A close-up photograph of a computer keyboard. The focus is on two prominent keys: a blue key labeled 'Questions' and a green key labeled 'Answers'. Both keys are in a sans-serif font. The blue key is positioned above and to the left of the green key. Other white keys are visible around them, including one with a 'C' and another with a 'D'. The lighting is bright, creating soft shadows and highlights on the keys' surfaces.

Questions

Answers

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